



## PUBLIC HEALTH AND COMMUNITY HEALTH EDUCATION

Effective Fall 2021 (Last updated 10/18/2021)

### First Year (Fall)

HLTH 150	Intro to Community & Public Hlth <sup>B</sup> (CSS)
BIOL150	Intro to Biology I: Cells <sup>A</sup> (4 cr) (CSTL)
ENGL 150	English Composition II (CWR) <sup>A</sup>
MATH 232	Statistics <sup>A</sup> (CMA)
FSEM	First Year Seminar (CCA)
BIOL 101	Seminar for Entering Majors <sup>B</sup> (1 cr)

### First Year (Spring)

HLTH 200	Health Promotion & Planning <sup>B</sup> (CSS)
BIOL 250	Nutrition <sup>B</sup>
SOCI 100	Intro to Sociology <sup>A</sup>
CCA	Creative Arts core course <sup>A</sup>
CHH	Human Heritage core course <sup>A</sup>

### Second Year (Fall)

BIOL 105	Human Biology <sup>B</sup> (CST)
PHED 215	Lifetime Wellness (CHW)
CHH	Human Heritage core course <sup>A</sup>
Elective	Elective <sup>A</sup> (rec PSYC 100-Intro to Psych)
Elective	Elective <sup>A</sup> 101 Language

### Second Year (Spring)

PSY elect*	Psychology elective course* <sup>A</sup>
CLA	102 Language Requirement
Elective	Elective <sup>A</sup>
Elective	Elective <sup>A</sup>
Elective	Elective <sup>A</sup>

### Third Year (Fall)

BIOL 312	Epidemiology <sup>C</sup>
HLTH 540	Internship in Comm. Hlth. Ed. <sup>B</sup>
H&S elect*	Health & Society elective course* <sup>C</sup> (rec ANTH 315 Community Hlth)
UL elect.	Upper-level elective <sup>A</sup>
UL elective	Upper-level elective <sup>A</sup>

### Third Year (Spring)

BIOL 412	Res. Methods in Epidemiol. <sup>C</sup>
CAP	Capstone core course <sup>A</sup>
PSY elect*	Psychology elective course* <sup>A</sup>
UL elective	Upper-level elective <sup>A</sup>
UL elective	Upper-level elective <sup>A</sup>

### Fourth Year (Fall)

HLTH 310	Environmental Health <sup>C</sup>
H&S elect*	Health & Society elective course* <sup>C</sup> (rec ANTH 310 Global Health)
UL elective	Upper-level elective <sup>A</sup>
UL elective	Upper-level elective <sup>A</sup>
Elective	Elective <sup>A</sup>

### Fourth Year (Spring)

H&S elect*	Health & Society elective course* <sup>C</sup> (rec HLTH 350 Health Communication)
UL elective	Upper-level elective <sup>A</sup>
UL elective	Upper-level elective <sup>A</sup>
Elective	Elective <sup>A</sup>
Elective	Elective <sup>A</sup>

\* Approved lists of Health & Society courses and Psychology courses that fulfill the program requirements can be provided upon request.

*This is a sample 4-year plan to complete the major listed above. While we believe that this represents an accurate depiction of the requirements, there are other pathways to degree completion. We strongly recommend that you meet with your academic advisor regularly to review your requirements and progress toward graduation.*

#### CORE CURRICULUM

	code
Tier I Reading, Thinking, Writing	CWR
Tier I Quantitative Reasoning	CMA
Tier I Health and Wellness	CHW
Tier II Creative Arts	CCA
Tier II Human Heritage	CHH
Tier II Language, Culture and Communication	CLA
Tier II Self & Society	CSS
Tier II Science & Technology	CST(L)
Tier II First Year Seminar	FSEM
Tier III Integrative Capstone	CAP

ALL COURSES 3 credits unless noted (#)

UL = upper-level (300-level or above)

Anticipated course frequency: <sup>A</sup> every semester, <sup>B</sup> every year, <sup>C</sup> every other year

**MASSACHUSETTS COLLEGE OF LIBERAL ARTS**

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