

Lighten Up



By signing the Team Registration Form below, each member of this team agrees to abide by the rules of the Lighten Up & Get Fit Challenge ("the Challenge"). A copy of the rules of the Challenge is attached to this Registration Form. Each team member must **ALSO** read, fill out, sign and submit an Individual Information Form.

<u>TEAM</u> Registration Form	
Team Name:	_____
Member 1:	_____
Member 2:	_____
Member 3:	_____
Member 4:	_____
Employer:	_____
Team Members must be employees of MCLA, Mountain One, Northern Berkshire Healthcare, or Williams College	

Get Fit!